

Elevate- Taking your relationship to the next level

Military life comes with unique challenges that can complicate relationships. That's why Military & Family Readiness, in partnership with Air Force Aid Society (AFAS), is proud to offer Elevate- a skills based program designed to help couples strengthen and sustain healthy relationships.

Classes are free

Open to all DOW ID card holders in a committed relationship

Learn the 7 core skills and qualities for relationship success

Connect with other couples in a supportive environment

Elevate your relationship to the next level

ADDED BONUS- it pays to Elevate your relationship!

AFAS will provide \$160 grant for Air Force and Space Force active-duty members who complete the classes.