

FAMILY READINESS SUPPORT (773-5899)

- Pre-Deployment and Re-Deployment (Return) Briefings conducted for all members going TDY for >30 days or deploying for any length of time. Spouses are encouraged to attend and learn about available support programs
- **Hearts Apart Social Group**—Designed for spouses of members who are TDY/deployed, or serving an unaccompanied overseas tour
- **Give Parents a Break (GPAB)**—Program through the Child Development Center that assists families of military members TDY/deployed, or on an unaccompanied overseas tour. Also assists families of children with special needs, emergency situations, or families who are experiencing stress due to recent PCS or other circumstances or hardships.

INFORMATION & REFERRAL (773-2241)

- Designed to link individuals and families with the right resources to meet their specific needs utilizing services available on base, the local community and nationwide—Your one stop shop!

Voting Assistance Program (773-5940)

Provides information and assistance for service members and their dependents who vote absentee in another state

PERSONAL/WORK LIFE SKILLS (773-5945)

- Educates active duty, retirees, DoD civilians, and their families on personal, family and work life concerns, and refers them as appropriate to on and off base services
- **Commanders Key Support Program**—The official family readiness program that supports Airmen and their families during deployments, separations, and emergencies. M&FRC conducts Initial and Quarterly Training, provides referral resources and maintains roster of appointees.

MILITARY/FAMILY LIFE CONSULTANTS (307-369-3078)

- Provides short term, situational and problem solving counseling services to military and families. They keep no records.

EXCEPTIONAL FAMILY MEMBER PROGRAM - FAMILY SUPPORT (773-3069)

- Provides non-medical case management.
- Provides transition assistance for EFMP enrolled families.
- EFMP-FS has knowledge of available services and activities for families with members enrolled in EFMP, within the installation and local community.
- Networks with and provides referrals to other on- and off-base agencies and organizations who provide activities and educational opportunities for EFMP families.
- Hosts EFMP Educational Workshops and Support Groups for EFMP-enrolled families.
- Coordinates group activities and events designed specifically for families with special needs dependents.

Military & Family Readiness Center



**7601 Randall Avenue
Building 207
F. E. Warren AFB, WY
82005-2921**

**Phone
(307) 773-2241**

**Customer Service Hours:
Mon & Fri 0800-1530
Tues thru Thur 0800-1600**

TRANSITION ASSISTANCE (773-2216 or 773-5942)

- Provides Pre-Separation Counseling for separating/retiring members
- Conducts five-day transition workshops
- Reviews and critiques resumes
- Discovery Center with computer, printer and resume software
- Employment listings and job fair info
- Employment-related books and videos in lending shelf
- Wounded Warrior Program

EMPLOYMENT ASSISTANCE (773-5945)

- Reviews and critiques resumes
- Local labor market information
- Assists family members with locating employment resources
- Offers resume/job search related training classes
- Manage Volunteer Excellence Award Program
- Spouse Education Grant Program available through Air Force Aid

Leadership/Employment Coaching (773-5945)

- Learn about coaching, its benefits and how to access a DAF coach at NO COST
- Coaching offers an opportunity to help you achieve incredible things! Coaching offers;
 - Accountability & support
 - Personal growth
 - Improved work/life balanceAnd More!

RELOCATION/ AF FAMILIES FOREVER (773-5946)

- **Right Start** – Hosts the 90MW Right Start Newcomers Welcome event every 2nd Wednesday of the month
- **Child Care for PCS** – 20 hrs of free child care is available for all ranks within 60 days of arrival/ departure. Childcare is provided through Family Child Care Providers
- **Individual PCS Planning (Smooth Move)**- Pre-departure relocation services allow the member to make informed decisions. Special emphasis for personnel with less than four years of service and overseas assignments
- **Newcomer Sponsor/Welcome Packages**.- Materials and resources for sponsors use in building unit sponsorship package
- **Sponsorship Training**– Provides localized sponsor training for all F. E. Warren sponsors
- **Discovery Center/Resource Room**- Provides base and local area information as well as computer access for PCS'ing members
- **Military One Source**
www.militaryonesource.com website contains a wealth of information on your next base and corresponding local area in the Military Installations section
- **Air Force Families Forever (AFFF)** Program staff are available to provide dedicated support for family members who have lost an Airman

Volunteer Opportunities (773-5942)

Interested in giving back? Military spouses are invited to reach out to the MFRC to explore volunteer opportunities that match their interest and availability

PERSONAL FINANCIAL MANAGEMENT SKILLS (773-5941)

- Assists members and their families in determining priorities and making sound financial decisions
- Provides budgeting/checkbook management counseling
- Offers various financial education seminars
- Provides new installation financial management briefing for both officers and enlisted personnel

AIR FORCE AID SOCIETY (773-5941 or 773-5946)

- **All AFAS loans are conducted on-line directly through AFAS/HQ; Applications for emergency assistance can be completed at <https://portal.afas.org>**

Call (877) 246-7650, Option #1 should you have questions applying through the Application Portal

- **Falcon Loan**—allows active duty and some Guard and Reserve to receive interest free loans for emergencies up to \$1500 to cover basic living, vehicle, medical/dental expenses and emergency travel
Provides emergency financial assistance for funerals, unexpected emergencies requiring travel assistance, moving expenses, shelter, utilities, auto repair, dental and medical expenses, as well as educational grants and loans
- Provides funding for special services such as Bundles for Babies, Give Parents a Break, Child Care for PCS, Child Care for Volunteers, and Respite Care