

Volunteer Opportunities

Interested in giving back? Military spouses are invited to reach out to the MFRC to explore volunteer opportunities that match their interest and availability

ON BASE VOLUNTEER OPPORTUNITIES

Aquatic Center

773-3195

Bldg 217

The Aquatic Center offers a 25-yard pool and exercise area. Volunteer will assist with Administrative duties. If volunteer is first Aid/CPR trained along as a certified lifeguard, volunteer could assist with swimming lessons.

Base Medical Clinic (Pharmacy)

773-3646

Bldg 160

Pharmacy needs volunteers for morning and afternoon shifts. Must have immunizations and blood work up to date, in addition videos training as part of the requirements.

Chapel

773-3434

Bldg 149

The chapel offers a variety of spiritual activities. Volunteer would be an administrative assistant. Other volunteers would include religious education programs, music, dorm dwellers meals, and many more.

Warren Spouses' Club (WSC)

The WSC has a variety of activities to volunteer for. From Social Activities to Scholarships. The volunteer could be part of an enterprising board. Thrift Shop and Air Force Village are just a couple of the activities to get involved with. Membership required.

OFF BASE VOLUNTEER OPPORTUNITIES

Adult Learning Center

637-2450

LCCC

Educational Center for adults working towards their G.E.D. or to learn English as a second language. Volunteers work as tutors.

American Red Cross

274-2074

5500 Bishop Blvd.

Conduct CPR and First Aid Classes, provide disaster preparedness training and relief services. Volunteers are used in all facets including general office assistance.

Cheyenne Animal Shelter

632-6655

800 Southwest Dr.

Houses lost and abandoned animals. Volunteers work with public relations, public speaking, clerical areas, fundraising, and with people who are pursuing pet adoptions. Youth 14+.

Cheyenne Botanical Gardens

637-6458

710 S. Lions Drive

Provides the city with plants for its gardens, the community vegetable garden, and an opportunity for volunteers to work in a greenhouse setting. Volunteers also greet visitors and provide information on the gardens.

Cheyenne Civic Center

637-6363

510 W 20th St.

Volunteer work in the box office and occasional maintenance programs. Promotes cultural activities in Cheyenne.

Cheyenne Frontier Days Old West Museum

778-7290

4610 Carey Ave.

Promotes the history of CFD and the great frontier. Volunteers work in the gift shop, admissions, and in preservation and restoration of the carriages in the Frontier Days collection.

Cheyenne Little Theater

638-6543

2706 E Pershing Blvd.

Volunteers may be involved in actual productions, either on stage, behind the scenes with set design, lighting, sound or other technical support. Volunteers also assist as ushers, house managers, fundraising and mailings.

Cheyenne Municipal Pool

637-6455

Lions Park

Volunteers serve as aides for swimming classes, aides to insure the safety of pool patrons.

Cheyenne Regional Medical Center

634-2273

214 E. 23rd St.

Volunteers work in all areas of the hospital. Areas most needed are staffing the information desks at both buildings and working at gift shops. Volunteers are required to join the auxiliary.

Cheyenne Symphony

778-8561

1920 Thomes, #400

Provides entertainment of the symphony. Volunteers usher and perform general office work.

COME A Shelter

632-3174

1421 W Lincolnway

Provides shelter and services for the homeless. Volunteers check-in clients in the evenings, provide staffing during non-working hours and perform receptionist duties during the day.

Department of Parks and Recreation

637-6423

2101 O'Neil Ave.

Volunteers work in many aspects of the city's recreation program. Volunteers staff annual holiday events, coach youth sports teams, participate in summer day camp activities and a variety of other positions.

Habitat for Humanity

637-8067

715 E 15th St.

Builds homes for low income families. Volunteers build homes, clerical and fundraising. (Home building starts at the end of April/beginning of May)

Head Start

635-4835

704 Bent Ave.

Head Start is an early education program for pre-schoolers of low-income families. Volunteers help out in the classrooms, fundraising programs, family nights and clerical.

Laramie County Library

634-3561

1400 E College Dr. at LCCC

Volunteers work in all aspects of the Library system.

Laramie County Extension Office

633-4383

1700 Snyder

Volunteers work with youth in the 4-H program, teach nutrition classes, and upon completion of classes volunteers can become Master Gardeners and Master Sewers.

Life Care Center

778-8997

1330 Prairie Ave.

Nursing Home. Volunteers work with residents - reading to them, writing letters for them visiting and helping them participate with activities. Volunteers can also come in as a group and provide special entertainment.

Magic City Enterprises

637-8869

1780 Westland Rd.

Serves as a referral and support service for the disabled. Volunteers input information into the data base, make support calls, and answer referral calls. Training is provided.

Meals on Wheels

635-5542

2015 S. Greeley Hwy.

Prepares and delivers meals to homebound and seniors of Laramie County. Volunteers can deliver meals, help prepare meals and provide some respite care for caregivers.

NEEDS, Inc.

632-4132

900 Central Ave.

Short term emergency assistance for low-income Laramie County Residents. Volunteers can help sort donations, work at the client-intake desk or in the pantry.

Salvation Army

634-2769

601 E. 20th St.

Thriftstore/1401 E. Lincolnway

Volunteers help prepare and serve weekend meals. Ring bells at Christmas season. Sort donations at the Thrift Store.

Stride Learning Center

632-2991

326 Parsley Blvd.

A preschool for children with development disabilities. Volunteers assist in classrooms, fundraising and general office work.

Therapy Dog Program

432-0272

401 W 19th St., Ste. 201

Volunteers make therapy visits with their pets to local nursing homes and hospitals. Volunteers and their pets go through a screening process. Office help is also needed.

Vitalant Blood Services

877-258-4825

112 E 8th Avenue

Blood Collection Center. Volunteers make donor calls and perform administrative work. You can also be a blood donor.

United Way of Laramie County

638-8904

1007 E Lincolnway

Volunteers work on various committees involving fundraising and allocation process.

Veterans Administration

778-7550

2360 E. Pershing Rd.

Long term care for veterans and veterans hospital. Volunteers visit residents, provide special evenings, and work in administrative areas.

Wyoming State Museum

777-7022

Various State Buildings

During Museums closure volunteers work behind the scenes in archives, photography and preservation sections.